

Date	day	HW Plymouth	Height	Lw	Height	AcTivity	Contact
02-Jun	Sun	18.11	5.2	12	1.1	Go Paddling	Inna
09-Jun	Sun	11.09	4.8	17.14	1.5	Looe Polperro sea touring kayaks only	Jim mc Clean
16-Jun	Sun	18.08	5.3	12.07	0.9	Seaton Beach short trip or skills open to requests try surfing if wave present morning only session	Allen
23-Jun	Sun	10.11	4.6		1.8	Regetta Swim?	Bev
30-Jun	Sun	16.51	4.9	10.37	1.4	sea paddle st Austell area	peter
07-Jul	Sun	10.11	5.2	16.17	1	sea paddle North coast Sea Kayaks only	peter
14-Jul	Sun	16.58	4.9	10.55	1.5	Intro Course	Phil
20-Jul	Sun	8.41	5	14.57	1.3	Sea Leader Training	Peter
21-Jul	Sun	9.16	4.9	15.25	1.4	Sea Leader Training	Peter
21-Jul	Sun					Intro Course	Phil
28-Jul	Sun	15.12	4.6	9	1.9	intro Course reserve	peter
04-Aug	Sun	9.11	5.5	15.19	0.5	Beach Day	Allen
11-Aug	Sun	15.4	4.5	9.28	2		
18-Aug	Sun	8.21	5.1	14.35	1.2	calstock to saltash	peter
25-Aug	Sun	13.12	4.4	6.44	2.2	Saltash to Lopwell Dam	peter
01-Sep	Sun	8.06	5.6	14.18	0.3	Beach Day	Allen
07-Sep	Sat	12.28	4.4	18.42	2.2	Paddle sport Instructor Training	Peter
08-Sep	Sun	13.59	4.3	7.17	2.3	Paddle sport Instructor Training	Peter
15-Sep	Sun	7.22	5.2	13.42	1	Surfing beach to be decided	Allen
22-Sep	Sun	11.28	4.5	17.26	2.2	Looe river all members welcome any craft	Peter
29-Sep	Sun	6.57	5.7	13.12	0.4	Beach Day	Allen