



Tamar Canoe Association



First Aid Policy

Policy Statement

Tamar Canoe Association is committed to ensuring the safety and well-being of its members and participants while engaging in water-based activities. This First Aid Policy outlines our commitment to providing appropriate and timely first aid care in the event of injuries or medical emergencies that may occur during club activities.

Objectives

1. To establish a framework for the provision of first aid services within Tamar Canoe Association.
2. To ensure that trained personnel and adequate first aid supplies are readily available during club activities.
3. To promote awareness of first aid procedures and the importance of safety among all members and participants.

Responsibilities

Club Management:

- Appoint a First Aid Officer responsible for overseeing the implementation and maintenance of the First Aid Policy.
- Ensure that adequate first aid supplies and equipment are available at all club activities and events.
- Arrange for appropriate training and certification of club members and staff in first aid and CPR.
- Keep records of all first aid incidents, treatments, and near misses for review and improvement.

First Aid Officer:

- Ensure that first aid kits are regularly inspected and restocked.
- Coordinate and conduct first aid training for club members and staff.
- Maintain a list of trained first aid responders within the club.
- Assist in the development of emergency action plans for various club activities.

Club Members and Participants:

- Follow all safety guidelines and instructions provided by the club.
- Report any injuries or incidents to club staff promptly.

- Participate in first aid training and refreshers as required by the club.

First Aid Supplies and Equipment

- Ensure that first aid kits are accessible and appropriately stocked for the nature of club activities.
- Inspect first aid kits regularly and replace expired or used items promptly.
- Keep first aid kits in easily identifiable, waterproof containers.
- Maintain additional specialized equipment relevant to water-based activities, such as flotation devices and rescue equipment.

Training

- Provide regular first aid and CPR training opportunities for club members and staff.
- Ensure that at as many members as possible are trained in first aid and CPR.
- Encourage members to participate in external first aid certification programs.

Emergency Action Plans

- Develop and communicate emergency action plans for different types of water-related incidents, such as drowning, hypothermia, or boat accidents.
- Conduct drills and practice emergency response procedures to ensure readiness.

Communication

- Promote awareness of the First Aid Policy among all members and participants.
- Encourage open communication about safety concerns and incidents.
- Display emergency contact information and the location of first aid supplies prominently at club facilities and events.

Review and Evaluation

- Regularly review and evaluate the effectiveness of the First Aid Policy.
- Make necessary adjustments based on incident reports, feedback, and changes in club activities or locations.

Compliance

Failure to comply with this First Aid Policy may result in disciplinary action, including suspension or expulsion from the club, depending on the severity of the non-compliance.

Policy Revision

This policy will be reviewed and updated annually to ensure its continued effectiveness and relevance.

Approved By:

[Name of Club President/Chairperson] [Date]

Date of Next Review:

[Specify a date one year from the approval date]

Tamar Canoe Association, Old Ferry Road, Saltash, PL12 6BJ