

Winter Trips-Report.

Three different sections paddled this year.



The Lower Dart, Holne Weir to Salmon Steps.



Starts with a nice little whoosh, plenty of places to practice ferry glides and playing with



the current. Next up is the little drop on the left, nice wave to play on here. Further down we have the trickiest part of the river with twin diagonal stoppers/waves under a tree. We got to see great support strokes from Tamas here, saving him from having to demon-



strate his roll. Coffee break and a snack above the weir then carry the boats round to get in below the weir. More fun waves to play on just past both bridges. We get out above Salmon Steps, here is the hardest part of the trip getting the boats out over the wall.

The River Fowey, Cottage Bridge to Respryn Bridge.

Shorter than our normal paddle where we get in at Half Way



House, as the bridge is full of trees, with no quick way round. Now quite a short section, always with at least one tree to walk round. A couple of small drops and waves to play on. The main wave is the weir by the



Wood Yard bridge.

The Loop, Middle Dart, New Bridge to Holne Weir.

The ever popular section for the South West. With the named



rapids like Washing Machine, Lovers Leap, Triple Falls and Spin Dryer. All pool drop so easy for rescues and nothing too technical.



So we started the year strong with a couple of trips with 11 paddlers, the Introduction to White Water trips. By the sixth trip of the season we are down to 3.

What next? Let's ask Matthew!

